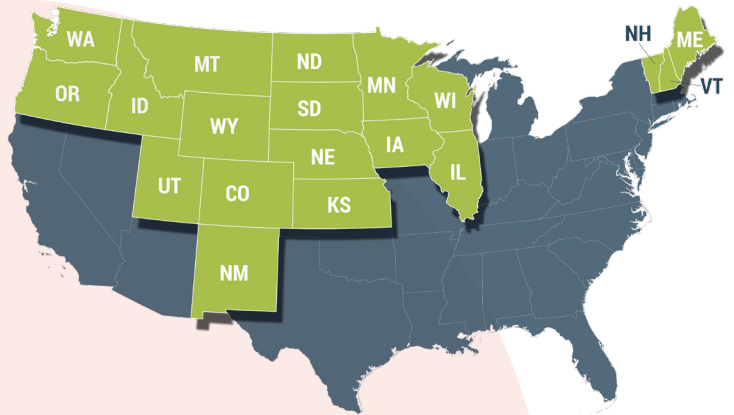


# Encounter Telehealth: Mental Healthcare Counseling and Therapy Services

## WHAT WE PROVIDE

Encounter Telehealth is based in Omaha, Nebraska and provides mental healthcare throughout the Great Plains and beyond.

Our licensed therapists and mental health specialists offer counseling, talk therapy, psychiatric medication management and evaluations.



**Our providers are board certified Psychiatric Mental Health Nurse Practitioners and certified Clinical Social Workers.**



## WHO WE SEE

Encounter providers offer therapy and mental healthcare for the following conditions:

Depression	Gambling Addiction	Schizophrenia
Anxiety	Substance Abuse	Bi-Polar
Stress	Dementia	
PTSD	Alzheimer's Disease	

We treat both individuals and families.

We accept most private insurance, Medicare, Medicaid, and private pay.





## HOW IT WORKS

New clients connect with the Encounter Patient Care Team to download and set up the free telehealth video application to their phone, tablet or computer.

Our staff will provide intake forms for you to complete prior to your first appointment.

New clients will initially meet with their provider for a 45-60 minute appointment. Follow-up appointments range between 20 and 60 minutes, depending on your needs

For those clients who have prescriptions filled with Encounter, they will be sent electronically to the pharmacy of your choice.

Reminder emails or calls make it easy to remember your appointment.

## HOW THIS HELPS

- Enhances quality of life
- Improves access to mental health care in rural communities
- Reduces over-prescribed medications
- Improves physical and mental health
- Removes the barrier of stigma related to mental health care
- Engages patient, family, friends and community in care



## Mental and behavioral health

is a vital part of physical health  
and quality of life.

**Encounter Telehealth can help.**

[www.encounter.health](http://www.encounter.health)

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